



## WHAT TO BRING TO THE X2 PROGRAM

Here's what we suggest you bring to camp. If you have trouble bringing any of the items, please give us a call at Sonlight 970. 264.4379 and we'll help you.

- **BACKPACKING HEALTH FORM COMPLETED** and signed by parents and a Physician or nurse practitioner. Required by Colorado law. **DUE May 15<sup>th</sup>, 2012.**
- **ACKNOWLEDGEMENT OF RISKS, IDEMNIFICATION, AND RELEASE OF LIABILITY FORM** signed by camper and parent/guardian. **DUE May 15<sup>th</sup>, 2012.**
- **TUITION BALANCE.** Paid in full to Sonlight Camp by **May 15<sup>th</sup>, 2012.**
- Lightweight Bible that is easy for you to read
- **Waterproof raincoat** with a hood (**A MUST!**)
- **Waterproof** rain pants
- Bandana
- Sweater or fleece jacket
- 1 Warm sweatshirt or flannel shirt
- 1 pair long pants
- 1 pair shorts
- underwear
- 2 or 3 pairs of wool or smart wool socks
- 2 t-shirts
- Sturdy shoes for hiking (well broken in)
- Tennis shoes, Chaco's or Teva type sandals for rafting
- Day pack
- 1 cap for warmth
- Toothpaste and toothbrush
- Bath Towel
- Swimsuit for the Pagosa Springs Hot Springs in town.
- Sun screen and lip balm with at least 25 spf
- Flashlight with extra batteries and bulb
- Small compact pillow (optional)
- Sunglasses (optional)
- Small pocket knife
- Camera (optional)
- Clean clothes for the trip home (optional)